Fresh Little Minds

① — Top of head

② — Third eye point

③ — Inner eyebrow

④ — Outer eyebrow

⑤ — Under the eye

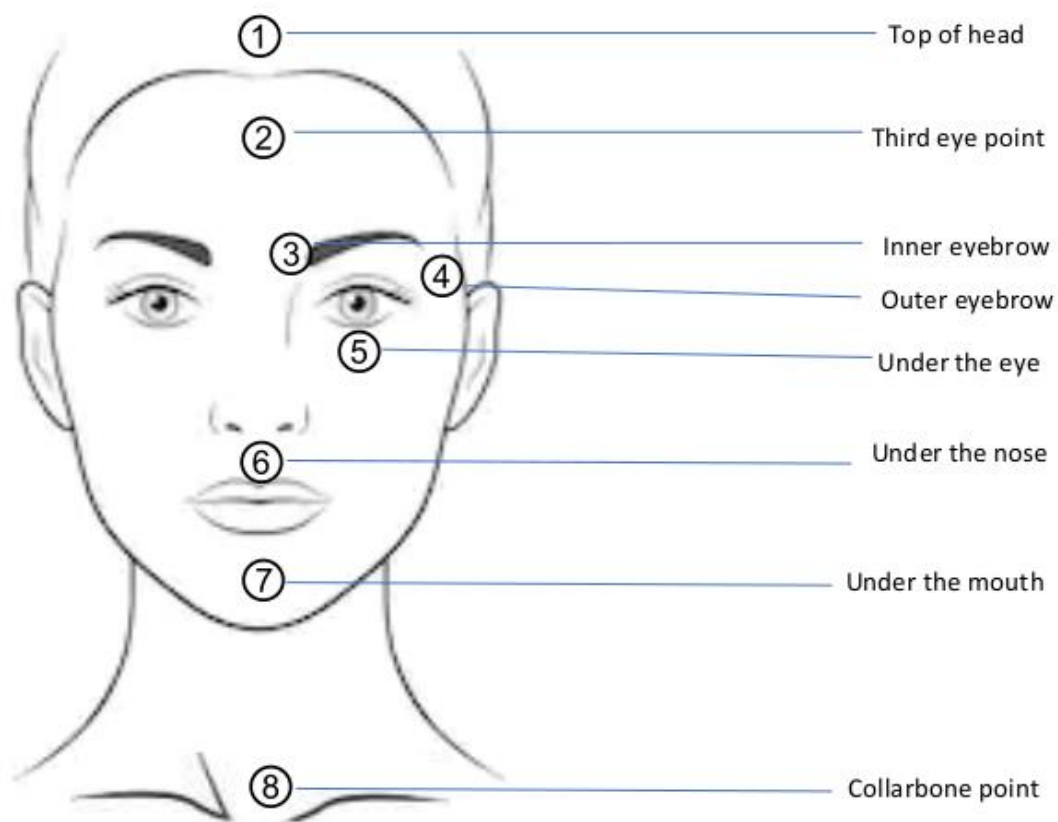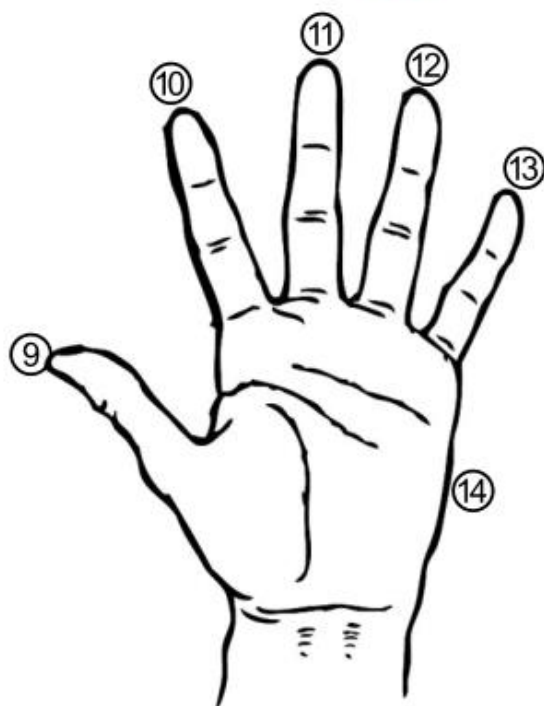⑥ — Under the nose

⑦ — Under the mouth

⑧ — Collarbone point

Start at heart position
And **finish** at heart position

Move from thumb (9) round to karate chop point (14)