

LOCALITY BASED KEY CONTACTS FOR MENTAL & EMOTIONAL WELLBEING AND SUICIDE PREVENTION:

	Role	Contact
NORTHERN HSC LOCALITY		
<p>Directory of services to help improve mental health and emotional wellbeing for Northern area: https://www.publichealth.hscni.net/sites/default/files/2020-01/Northern_area_card_2020.pdf</p>		
PHA Senior Officer for Health and Social Wellbeing Improvement	<p>Coordination lead for Promoting Mental and Emotional wellbeing including commissioning / contract management of local support; coordination of the Northern area Protect Life Implementation Group (cross sector partnership) and can be contacted for locality based cross sector information/training/community development information.</p>	<p>Gabrielle Rawashdeh Senior Officer for Health and Social Wellbeing Improvement (North)</p> <p>Tel: 0289536(2913) Email: Gabrielle.Rawashdeh@hscni.net</p>
NHSCT Health Improvement & Community Development Service	<p>Covering Mental health and Suicide Prevention programmes such as Take 5; Training; partnership based support and promotion of services and support</p> <p>http://www.northerntrust.hscni.net/health-and-wellbeing/mental-health-and-well-being/</p>	<p>Selena Ramsey</p> <p>Tel: 028 2563 6600</p> <p>Email: Selena.Ramsey@northerntrust.hscni.net</p>

**NHSCT area -
Bereaved by
Suicide Support**

NORTHERN AREA

- Northern Area wide: NHSCT - 18+ suicide bereavement support plus suicide surveillance – a manager and a bereavement support worker employed to co-ordinate and co-facilitate local bereavement support groups, liaise with referral agencies, practical assistance to families and capacity building with other agencies.
- SD1 referrals received for appropriate 1:1 bereavement support and facilitation of bereavement support groups in partnership with C&V.
- The NHSCT lead and coordinate the Northern area wide Suicide Community Response Plan.

**Children & Young People Bereavement by Suicide Support
(Service offered by Barnardos Child Bereavement service,
funded by PHA**

Advice line Number: **07867 372711**

Email: cbsreferrals@barnardos.org.uk

- Support project in the Northern area for children and young people bereaved by suicide.
- Individual therapeutic interventions
- Group interventions, including family support work and peer support if appropriate
- Training/capacity building sessions to local practitioners
- Suicide Community Response Plan (CRP) and only if needs have been identified within a given target group/community.

Danielle Gallagher (*David Olphert covering service / Maternity leave*)

David.Olphert@northerntrust.hscni.net)

Manager of NHSCT Bereaved by Suicide Support Service

Northern Health and Social Care Trust
028 9441 3544

danielle.gallagher@northerntrust.hscni.net

Generic email address is

BBSService@northerntrust.hscni.net

David Olphert (**covering Danielle's maternity leave**)

Telephone: 028 94413544

Internal Extension: 322005

Mobile: 07984034350

Email: david.olphert@northerntrust.hscni.net

Hours of Work: 9-5pm Tuesdays and Wednesdays

Nuala McLoughlin

Clinical Officer for Bereaved by Suicide

Telephone: 028 94413544 / Internal Extension:
322001

Email: Nuala.McLoughlin@northerntrust.hscni.net

Hours of work 9am-5pm Monday-Friday

Lisa Ives

Team Secretary - Bereaved By Suicide Service

Telephone. 028 94413544

Internal Extension. 323544

Email. Lisa.ives@northerntrust.hscni.net

	Role	Contact
<p>SOUTHERN HSC LOCALITY</p> <p>Directory of services to help improve mental health and emotional wellbeing for Southern area: https://www.publichealth.hscni.net/sites/default/files/2020-01/Southern_area_card_2020.pdf</p>		
<p>PHA Senior Officer for Health and Social Wellbeing Improvement</p>	<p>Coordination lead for Promoting Mental and Emotional wellbeing including commissioning / contract management of local support; coordination of the Southern area Protect Life Implementation Group (cross sector partnership) and can be contacted for locality based cross sector information/training/community development information.</p>	<p>Laura Taylor Health and Social Wellbeing Senior Officer (Southern area) Armagh Tel: 028 9536 3467 Email: laura.taylor@hscni.net</p>
<p>SHSCT Health Improvement & Community Development Service</p>	<p>https://southerntrust.hscni.net/health-wellbeing/health-improvement/mental-health/promoting-mental-health/</p>	<p>Deirdre McParland, Senior Mental Health Promotion Officer, deirdre.mcpaland@southerntrust.hscni.net Tel: 028 3756 4460</p>
	<p>Protect Life coordinator – SHSCT - The PL Coordinator is responsible for surveillance of suspected suicides occurring in the southern trust area and provides initial postvention support for families bereaved by suicide with further signposting to bereavement services.</p>	<p>Orla Murtagh, PL Coordinator, Orla.Murtagh@southerntrust.hscni.net</p>
<p>Bereaved by Suicide Support</p>	<p>Suicide Bereavement Support (18+) Service: The Bereaved by suicide support service in SHSCT area is provided by PIPS Hope and Support. The service provides support to anyone bereaved by suicide aged over 18 living across the southern locality. PIPS provide counselling, therapeutic interventions and group based support. Children & Young People Bereavement by Suicide Support: PIPS Hope and Support also offer support to families for children and young people under the age of 18. This support is offered on a one to one basis and in group settings dependent on what is needed and works. Creative and therapeutic interventions are delivered within the range of support available through PIPS Hope and Support.</p>	<p>https://www.pipshopeandsupport.org/ Tel: 028 3026 6195 info@pipshopeandsupport.org</p>

	Role	Contact
WESTERN HSC LOCALITY		
Directory of services to help improve mental health and emotional wellbeing for Western area: https://www.publichealth.hscni.net/sites/default/files/2020-01/Western_area_card_2020.pdf		
PHA Senior Officer for Health and Social Wellbeing Improvement	Coordination lead for Promoting Mental and Emotional wellbeing including commissioning / contract management of local support; coordination of the Western area Protect Life Implementation Group (cross sector partnership) and can be contacted for locality based cross sector information/training/community development information.	Hilary Parke Senior Officer for Health and Social Wellbeing Improvement (West) 028 95361122 07837842376 Email: hilary.parke@hscni.net
WHST	Health Improvement Department https://westerntrust.hscni.net/healthy-living/looking-after-your-mental-health/	Western Trust: Sonia Montgomery – Sonia.montgomery@westerntrust.hscni.net
	Bereaved by Suicide Support <ul style="list-style-type: none"> Bereavement support and resources – resources are provided to pay for venue hire and other costs incurred by the bereavement support groups that meet in the various communities of the western trust area. The Western Trust are currently undertaking a review of their bereavement support service/family liaison service 	https://westerntrust.hscni.net/service/family-liaison-service/ Fidelis Simpson - Suicide Liaison Officer / 02866382112 or 07841569000 / fidelis.simpson@westerntrust.hscni.net

	Role	Contact
BELFAST HSC LOCALITY		
<p>Directory of services to help improve mental health and emotional wellbeing for Belfast area: https://www.publichealth.hscni.net/sites/default/files/2020-01/Belfast_area_card_2020.pdf</p>		
PHA Senior Officer for Health and Social Wellbeing Improvement	<p>Coordination lead for Promoting Mental and Emotional wellbeing including commissioning / contract management of local support; coordination of the Belfast area Protect Life Implementation Group (cross sector partnership) and can be contacted for locality based cross sector information/training/community development information.</p>	<p>Nikki Girvan Senior Officer for Health and Social Wellbeing Improvement (Belfast) 02895361678 07500080641 Email: Nikki.Girvan@hscni.net</p>
BHSCT	Health Improvement team lead for Mental and Emotional wellbeing	Ben Hanvey – ben.hanvey@belfasttrust.hscni.net Tel. 028 9504 6714
	<p><u>Belfast HSCT – receipt of SD1s/ bereaved by suicide referrals</u></p> <p><u>And</u></p> <p><u>Belfast area has several bereavement support services in place including the following (please see directory link for full information):</u></p> <ul style="list-style-type: none"> • Barnados child bereavement service – this aims to meet the needs of bereaved children and their families. • SOS Family support programme – aims to provide support to people bereaved by suicide and provide information on suicide prevention in east Belfast. • Holy trinity counselling service – Holy Trinity do not provide a specific bereavement support service however if someone presents with suicide ideation and TLNWL as a result of bereavement they would see them. They do not record numbers seen as a result of bereavement • Lighthouse family support services – proving support for those affected by suicide and self-harm. 	<p>Joanne Kidd : Joanne.Kidd@belfasttrust.hscni.net</p>

	<ul style="list-style-type: none">• Falls Counselling Project: HEART programme – In addition to the CALM (Combating anxiety by lifestyle management) service this project provides counselling to those who have been affected by suicide. (Not sure about this waiting on provider to confirm)• New Life Counselling (New Life Counselling have now merged with Action Mental Health) – Support for individuals who have been affected by attempted suicide, suicide ideation and self-harm behaviours and those who have experienced bereavement as a result of suicide.• SASG Bereavement support service – to improve the quality of life for those affected by suicide in the greater west Belfast area.• Extern – Bereavement Support service – Community Suicide Liaison worker at 30 hours per week – facilitation of Greater Shankill Community Response Plan, 1:1 and Family Bereavement Support, facilitation of SAFE Together Group.	
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	Role	Contact
SOUTH EASTERN HSC LOCALITY Directory of services to help improve mental health and emotional wellbeing for Belfast area: https://www.publichealth.hscni.net/sites/default/files/2020-01/SouthEastern_area_card_2020.pdf		
PHA Officer for Health and Social Wellbeing Improvement	Coordination lead for Promoting Mental and Emotional wellbeing including commissioning / contract management of local support; coordination of the South Eastern area Protect Life Implementation Group (cross sector partnership) and can be contacted for locality based cross sector information/training/community development information.	Nichola McCabe Health and Social Wellbeing Improvement Officer Lisburn Health Centre Tel: 90411796 Mbl: 07464517227 Email: Nichola.McCabe@hscni.net
SETRUST	Health Development Department – Mental and Emotional Wellbeing Lead for training / community development etc https://setrust.hscni.net/healthy-living/mental-health-and-emotional-well-being/	Alison Doake – Alison.doake@setrust.hscni.net.
	SETRUST Bereaved by Suicide Support / SD1 referrals And South Eastern Area support full information on directory link): <ul style="list-style-type: none"> • Cruse NDA – A bereavement support service for families, children and individuals bereaved by suicide, and those at risk by suicide. • Cruse Down and Lisburn – A bereavement support service to people living in Down and Lisburn area. • New Life Counselling (Now Action Mental Health) -Providing timely support to families and their friends bereaved by suicide. (family liaison service as per the SD1 process) 	Fiona Dagg: Fiona. Dagg@setrust.hscni.net https://www.publichealth.hscni.net/sites/default/files/2020-01/SouthEastern_area_card_2020.pdf