

Theme 5: Huggable & Loveable

Lesson 19 – Passport – Huggable & Loveable

AMBER ELEMENTS COVERED
WITHIN THIS LESSON



Learning Objectives / Key teachings:

- Children benefit from time out to reflect on their learning of this theme
- Children benefit from the mindful practice of colouring
- Children will have facilitated personal time out with the restorative benefits from resting, sleeping or gentle sensory stimulation

Resources

- PDF or physical Passport page (Huggable & Loveable)
- Colours/pens/crayons
- Passport Video

Other things:

- Blankets, Pillows, Fidget Toys, Books etc

Lesson Plan

Educator Questions. This our passport session we think about what we have learned so far in this theme...

Do you remember how this works?

- We get our passports and colouring pens ready
- We complete this activity alone
- We quieten our bodies and get comfy
- Once we finish colouring we can rest, snooze or watch the video
- The chime tells us that we can get going
- When we hear the chime after 10 minutes it is telling us that it is time to get ready for what comes next in our day
- And lets begin...shhhh....

Move to next theme