Lesson 25 – Passport – Be The Boss		AMBER ELEMENTS COVERED WITHIN THIS LESSON
 Learning Objectives / Key teachings: Children benefit from time out to reflect on their learning of this theme Children benefit from the mindful practice of colouring Children will have facilitated personal time out with the restorative benefits from resting, sleeping or gentle sensory stimulation 	 Resources PDF or physical Passport page (Be The Boss) Colours/pens/crayons Passport Video Other things: Blankets, Pillows, Fidget Toys, Books etc 	
Less	on Plan	

Do you remember how this works?

- We get our passports and colouring pens ready
- We complete this activity alone
- We quieten our bodies and get comfy
- Once we finish colouring we can rest, snooze or watch the video
- The chime tells us that we can get going
- When we hear the chime after 10 minutes it is telling us that it is time to get ready for what comes next in our day
- And lets begin...shhhh....

Move to next theme