

TESTIMONIALS

I REALLY ENJOYED THE TRAINING AND I'M VERY GRATEFUL FOR THE CHANCE TO OFFER THIS RELEVANT TRAINING IN MY WORKPLACE & COMMUNITY. THE FACILITATORS WERE FANTASTIC. THEY MADE EVERYTHING VERY SIMPLE. THEIR SUPPORT THROUGHOUT WAS AMAZING.

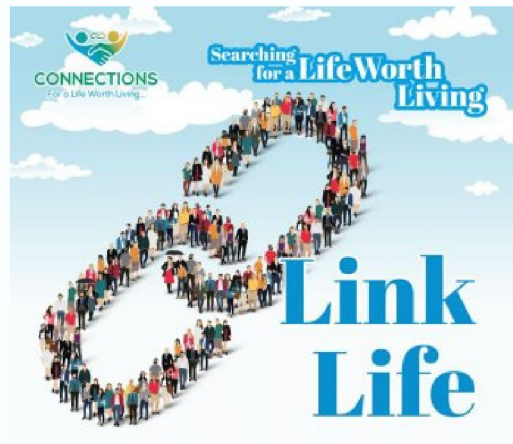
I THINK THE TRAINING WAS EXCELLENT AND DELIVERED BY PASSIONATE, KNOWLEDGEABLE AND INTERACTIVE FACILITATORS WHO MADE THE 2-DAY PROGRAMME EXTREMELY ENJOYABLE.



FOR A LIFE WORTH LIVING...

CONNECTIONS LINK LIFE VISION

To ensure that caregivers, workplaces, communities and public bodies have access to vital, relevant, first class, quality assured mental health & suicide prevention education that will reduce emotional distress, encourage help seeking, improve wellbeing and save lives.



Its Time To Break The Cycles of Trauma.

Suicide Prevention Train the Trainer



CONNECTIONS
For a Life Worth Living...

CONNECT-4-WAYS

**Train to deliver Connections
Link Life and save lives in your
workplace & community.**



Connections Link Life Suicide Prevention Awareness & Intervention Programme has been produced by Northern Irish Charity - Fresh Minds Education in response to the need for saving lives locally.

This **exceptionally successful** programme has been delivered more than 300 times and is attracting an energetic, passionate group of **Connections Link Life Ambassadors** who have trained to cascade this vital work in workplaces & communities and are saving lives.



During the pandemic this was the only Suicide Prevention Programme that was offered throughout Northern Ireland. In its first year alone 1500 people participated online and it is now being offered online and face to face.

The provision of this training during the most difficult times in our history is testament to the commitment of The Fresh Minds Charity to respond to the urgent need to prevent suicide in Northern Ireland, The Charity and their team continue to ensure that the community and the Public Health Agency of Northern Ireland have access to first class, Suicide Prevention training & resources.

www.freshmindseducation.com
hello@freshmindseducation.com

NI Charity Registration No: NIC108816



Fresh Minds
EDUCATION

TRAINING FOR TRAINERS

- 2-day professional development course, facilitated by exceptional Senior Practitioners
- Develop expertise of the Connect-4 Ways model and gain new knowledge
- Gain the support of a senior practitioner and group
- Join a province wide network of suicide prevention and mental health facilitators
- Receive platform access, resources
- ... and so much more!

APPLY HERE

**I am ready to become a Link Life
Ambassador saving lives in my workplace
& community.
Take me to the application!**

SCAN ME

